



Dear Student,

Today's email focuses on energy-saving methods at home. See what you can do to reduce your energy bill!

1. Turn off the lights when leaving your home for a few hours!
2. Turn off the lights and the electrical devices when not in use!
3. Do not let the computer or TV on standby mode for a long time.
4. Set the thermostat to a lower temperature during the night or when you leave for a few hours from the house.
5. Maintain the heating and cooling facilities at the end of winter and summer. Thus, their performance will be kept at the optimum level and the energy consumption will be the lowest possible.
6. Vent the radiators!
7. Let the clothes dry naturally in the sun instead of using the dryer on sunny days
8. Wash your clothes at 30 degrees!
9. Fill the laundry bin without overloading it! Washing machines that are only filled up to 40% of their capacity have an increased energy consumption from 42% to 95% per kilo of cloth while on the other hand overloading the bucket strains the washing machine and reduces its lifetime.
10. Take advantage of timetables with a reduced tariff and save money from your electricity bill!

For more information, please visit [www.studentswitchoff.gr](http://www.studentswitchoff.gr) and our facebook page: [Student Switch Off+ Greece](#). You can also watch the relevant Student Switch Off + [video](#).

Yours sincerely,

**Sender's signature**



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